



Tools For Action

A sample of physical education initiatives in Wisconsin

"Super Kids"

Contact Information

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Program Information

Program Name "Super Kids"
Program Category After School Activity Program
Grade Level Elementary School (3-5); Elementary School (K-2)
Assessment Method Participation rates (number of students involved); Impact on behavior (increase in active minutes or miles walked); Fitness indicator (test scores, miles walked); Impact on knowledge and or attitudes (test scores)

Program Information

Products Developed or Materials Used:

Program Description:

A partnership has been develop with the local YMCA to provide a "Super Kids" program. The class is based off of "super heroes" and the students come each week and participate in games/activities based off of the "super heroes" powers or abilities.

For information on other **Physical Education Best Practices**, visit the website at:
<http://dev.dhfs.wisconsin.gov/health/physicalactivity/PEhome/> or contact Jon Hisgen at jon.hisgen@dpi.state.wi.us

For information on how your school could become a **Governor's Healthy School Award** winner, visit the website at:
<http://www.schoolhealthaward.wi.gov/> or contact Brian Weaver at brian.weaver@dpi.state.wi.us

For more information on nutrition and physical activity, visit the **Wisconsin Nutrition & Physical Activity Program's website** at:

or contact staff at: Meineam@dhfs.state.wi.us (Amy Meinen, Nutrition Coordinator)
Morgajg@dhfs.state.wi.us (Jon Morgan, Physical Activity Coordinator)
Pesikme@dhfs.state.wi.us (Mary Pesik, Program and Grant Coordinator)